

## CLASSIC 8 VARSITY & J.V. CONFERENCE RELAYS

Vince Komar  
Meet Manager  
Mukwonago High School  
605 W. Veterans Way  
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**To:** C8 Conference Men's Track Coaches  
**From:** Vince Komar  
Head Men's Track & Field Coach  
Mukwonago High School

### MEET INFORMATION

1. **Games Committee-** Vince Komar / Chris Herriot/ Michael Dussault
2. **Date:** WEDNESDAY APRIL 17, 2019
3. **Time Schedule:**

3:15 pm	Weigh in of Shots and Discus in "M" Shed
3:15 pm	Coaches Meeting
3:45 pm	Shot and Discus weigh in completed
4:00 pm	All Field Events begin
4:00 pm	6400 Meter Relay
5:30 pm	Running Events begin
4. **Site:** Mukwonago High School Athletic Field
5. **Awards:** Ribbons for 1<sup>st</sup> through 6<sup>th</sup> places
6. **Team Scoring:** 10-8-6-4-2-1
7. **Team Entry Limitations:** Per Conference Rules(See attached meet guidelines)
8. **Individual Entry Limitations:** Per WIAA Conference Rules
9. **Track Surface:** Track and runways are Seal Flex. Spikes up to but not exceeding 1/4" exposed will be allowed. Random checks will be made.
10. **Throwing Circles:** Concrete with 3/4" raised rings.
11. **Weighing of Implements:** All throwing implements to be used in competition must be weighed in the "M" shed area. Legal implements will be made available to all competitors throughout the event.
12. **Team Areas:** All teams must set up outside the 4' high restraining fence that surrounds the track. No teams will be allowed to set up inside this fence.
13. **Coaches:** No one is allowed inside of the Track or bunting on the football field. Only one High Jump coach will be allowed with their athlete(s). Upon completion of high jump all athletes and coaches must remove themselves from inside this area.

14. **Athletes:** The track will be cleared at 5:30 pm. All warm-ups should take place outside the track area along the back stretch on the turf during races.
15. **Boom Boxes:** Are not allowed in the stadium. Ipods or personal devices are allowed.
16. **Smoking:** The Mukwonago School District is a tobacco free district. Use of tobacco products is prohibited.
17. **Concessions:** Will be available throughout the meet by The Mukwonago Boosters.
18. **T-Shirts:** N/A
19. **Meet Officials:**
- |                     |                            |
|---------------------|----------------------------|
| Meet Manager:       | Vince Komar, Mukwonago     |
| Facilities Manager: | Andy Trudell, Mukwonago    |
| Grounds:            | Scott Bornfleth, Mukwonago |
| Head Referee:       |                            |
|                     | Peter Nielsen, Waukesha    |
|                     | Dennis Meyer, Waukesha     |
|                     | Bob Schreiber, New Berlin  |
| Varsity/JV Clerk:   | Paige Patenaude, Mukwonago |
| Head Timer:         | Matt Scherbarth            |
20. **Entries:** BOYS are due SUNDAY 4/14 12:00 noon. All entries must be done on the <https://www.athletic.net/edit/track/meet/register/2836667/overview> website. All meet information will be on the [www.muktrack.com](http://www.muktrack.com) website under meet tab.
- COACHES should fill in all individual entries for relay events. THESE ARE TENTATIVE ENTRIES. Entries become FINAL when the relay card is presented to the clerk at the start line.
21. **Parking:** All team buses, coaches, athlete, and spectator parking must use the athletic parking lot next to the athletic complex.
22. **Jumps and Relay Markings:** Only tape is allowed for marking steps and relay exchanges. **CHALK** will not be allowed.
23. **Pole Vault & High Jump:** Weight verification will be done before event begins. We will follow a five alive format. Starting height decided at the coaches meeting.
24. **Long and Triple Jump:** All jumpers will be open pit format and will receive 4 jumps
25. **Shot Put and Discus:** Throwers will be flighted by school so that coaches can see both shot and discus. All throwers will receive 4 throws. This will be posted on the [www.muktrack.com](http://www.muktrack.com) website once all entries have been entered.
26. **Results and Awards:** Will be available after the conclusion of the meet at [www.muktrack.com](http://www.muktrack.com). Coaches are not allowed in the press box unless to file a protest with the games committee.

# CLASSIC "8" JV & VARSITY MEN'S RELAYS

## ORDER OF EVENTS

<b>4:00 PM</b>	<b>Pole Vault</b>	Together
	<b>Shot</b>	Varsity / J.V
	<b>Discus</b>	J.V. / Varsity
	<b>High Jump</b>	Together
	<b>Triple Jump</b>	Together
	<b>Long Jump</b>	Together

## RUNNING EVENTS: VARSITY FOLLOWED BY JV

<b>4:00 PM</b>	6400 Meter Relay
<b>5:30 PM</b>	330 High hurdle Composite
	1600 Medley Relay (200-200-400-800)
	400 Meter Relay
	3200 Meter Relay
	800 Meter Relay
	Distance Medley (1200-400-800-1600)
	900 Meter IM Hurdles
	1600 Meter Relay