



Arrowhead JV Track & Field Developmental Meet

Boys: Arrowhead, Mukwonago, Homestead, Marquette
Girls: Arrowhead, Mukwonago, Homestead

**Taraska Stadium
ARROWHEAD HIGH SCHOOL
Tuesday, April 23, 2019**

Welcome to Arrowhead High School Developmental Track & Field Meet. Please review the information listed below. Please call Ryan Mangan at 262-369-3612, extension 4203, if you have any questions. Our fax number is 262-367-1870.

1. Date: Tuesday, April 23, 2019
2. Site: Arrowhead High School
3. Time: 3:45 Coaches Meeting in storage building on south end of track
4:30 Field Events Start
4:30 Running Events start (All running events are timed finals)
4. Meet Managers: Chris Herriot Boys Head Coach
Allison Delzer/Becca McCann Girls Head Coach
5. Officials: Jim Brandt & Jean Lyons
6. Entry Limits: None
7. Team Entries: Unlimited entries per school
8. Entries are due: **Sunday APRIL 21st 8:00 PM.**
On athletic.net
9. Field Events: In Shot Put, Discus, Long Jump, and Triple Jump, each athlete will get four attempts. **There will not be finals.**
4:30 Shot Put: Boy first
4:30 Discus: Girls first
4:30 Long Jump: Girls West Pit Boys East Pit
TBA Triple Jump: Girls West Pit Boys East Pit
4:30 Pole Vault: Starting height at 6'0"
4:30 High Jump: We will run two pits if we have enough help
10. Running events: All events are timed finals.
11. Order of events:
High Hurdles
100 Dash
1600 Run
800M Relay
800 Run
300INT
3200 Run
400 Dash
200 Dash (Limit 4 per school)